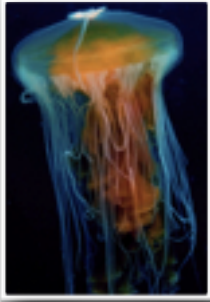




In this issue:

This month's speaker
Mike Bartick will show us the latest images that he has captured in his latest adventures.
Page 2



Raffle
Paul Miller has a "killer" raffle this month... including a great light set.

Page 6



Video Links

Videos of various club activities. Please click on the "words" to the right, NOT on the video photo.



[Click Here to see the Underwater Pumpkin Carving Video](#)



[Click Here to see the Santa Barbara/Whale Trip Highlights](#)



[Click Here to see the October Beach Dive Highlights - This is from Oct. 16](#)



President's Message

Konrad Fry

Upcoming events and plans for Holiday Season.

Happy Thanksgiving scuba types! We have our annual Thanksgiving picnic at Laguna Beach in Heisler Park at Picnic beach Saturday November 12th, 2011. Mark Angel and I will be cooking up a storm and one of us will obtain the all-important liquor permit from the city of Laguna so you can bring your Turkey positive wines: Pinot Noir, Zinfandel & Chardonnay to the festivities. We will start the day with our 9 AM Saturday dive lead by Jeff and Russ. A few of the Saturday gang are using Go Pro cameras to record the dives and the results have been exceptional. The Go Pro (at most Sport Chalets) has a wide angle lens and very high quality microphone so it seems like you are actually there!

The picnic will start around 11 AM and run until 2 PM. Mark is smoking several Turkey breasts and I will handle all the side dishes. We ask that everyone brings something to drink and just enjoy the day. Here is the information:

South Orange County and Laguna Sea Dwellers Dive Club
Thanksgiving Picnic
Picnic Beach | Heisler Park | Laguna Beach
Shore Dive: Meet at Pavilions Laguna Beach at 9 AM
Picnic: Picnic Beach picnic area (Myrtle + Cliff Drive)
North Laguna Beach Starts @ 11 AM
Bring: Something to drink. Alcoholic beverages allowed only in picnic area.
Date: Saturday November 12th, 2011

SOCDC Annual Underwater Pumpkin Carving Contest.

[Click Here to see the Underwater Pumpkin Carving Video](#)





It was a beautiful day in Orange County. The sun was out and the temps were mild. I was two weeks out of post-op on my surgery so I could not participate in the carving contest but I was bringing the air card provided by Sport Chalet Mission Viejo. BTW, if you have had problems getting your free air card or want a knowledgeable SCUBA sales person, please go

to the [Mission Viejo](#) location and ask for Carl. He is a big supporter of the SOCDC and will help you get the right gear!

As I headed down Laguna Canyon, I saw the ocean shimmering off in the distance. It looked nice with the ever so small surf licking the shore line. We all met at the Laguna Beach Pavilions in the back of the parking lot. Those who did not have pumpkins went into Pavilions to get them and we headed to Shaw's Cove to get the carving started. Everyone got great parking spots which is unusual since there were at a minimum 4 SCUBA classes going on at that time with at least 30 people either in the water or about to get in the water. Jeff laid out the ground rules: No marking the pumpkins ahead of time, no letting air holes in the pumpkin to keep them from floating. You have to design and carve entirely under water.

Here is Teresa's video of the process: [VIDEO](#)

After they were done carving, the divers headed back to shore and brought their pumpkins to the beach area I was camping out on. Teresa lost her pumpkin to its floating nature and apparently it is headed to either China or Japan. We all voted on the best pumpkin and the winner was Chris Rocha. He received a \$49 Sport Chalet 10 fill Air Card. Thanks to all who participated!

SOCDC November Meeting - Mike Bartick's Show...

Mike Bartick is our November speaker and he will review his underwater encounter with a not too friendly Blue Marlin! It is a rare occurrence to encounter a Marlin in the ocean since they move constantly and very fast. Mike actually encountered one a depth and it charged him!

Here the harrowing tale about the one that got away... thank God!



Also Mike will go over the Anilao Philippines dive area and what makes it one of the most diverse, beautiful and life packed region of the World. This is going to be a great

presentation.

Mike Bartick is a professional Marine Wildlife Photographer, Photojournalist and Naturalist, Published in magazine's and text books worldwide.

- Field guide and Small animal expert concentrating on California the Indo Pacific and the Philippines.
- Mike is also the Editor at large for California Diver Magazine
- Staff writer for UW photography guide.

Presentation: Observations Anilao - A photographic essay and talk presented in PowerPoint, Discussing animal mimicry,



aposematic behaviors and ambush style predation.

Mikes most recent projects:

- Work with the Philippine Department of Tourism promoting Macro photography in the Seafari Event
- Banca Diving-Philippines Dive and Adventure Treks,
- Guided Photo Clinic's
- Philippines/Indonesia Macro Animal Stack-up

When not diving Mike can be found researching and talking on animal behavior, his passion for the ocean is enjoyed through his group discussions and his work

Temecula Wine Tasting Trip

Due to conflicting schedules and some people having jobs and others losing jobs, we will plan a simple wine tasting trip to Temecula in November. For those who have never been to Temecula for wine tasting, you will be in for a real surprise. Most wineries are very posh and just as beautiful as anything in Napa and Sonoma. The last two years have been very cool in Southern California so the wines taste like they come from Santa Barbara. They don't have that "raison" taste from being cooked. We will go to at least 5 wineries that have won awards from the Orange County Wine Society where I am also a member.

SOCDC Wine Tasting (w/o the diving camping part ;-)
Meet: Home Goods Ladera Ranch parking lot (Antonio + Crown Valley Pkwy)
Time: 8:00 AM
Date: Saturday November 19th, 2011
Bring: Picnic Lunch to share, lots of water, designated driver. Camera or Video. Definitely great views from the top of the Elsinore pass.
Heads Up: We will take Ortega Hwy so Dramamine for those of the motion sickness persuasion. Also try to eat a big breakfast to absorb all the wine goodness. ;-)

SOCDC Holiday Dinner Party

Luciana's Dana Point
Wednesday, December 21st, 2011 6 PM
Dress: Upscale ;-)
We will have the Christmas Tree and tons of raffle goodies.

SOCDC December Meeting

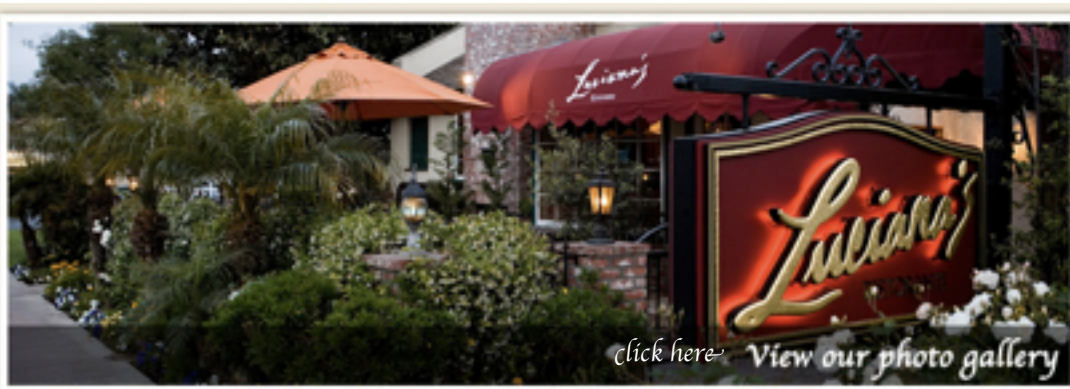
Wednesday December 14th, 6:30 PM Fuddruckers Lake Forest
A meeting for those unable to make the holiday party and those who want to show off their best pics and video for the year. We will feature a mini-Christmas tree and raffle.

Avalon Harbor Cleanup

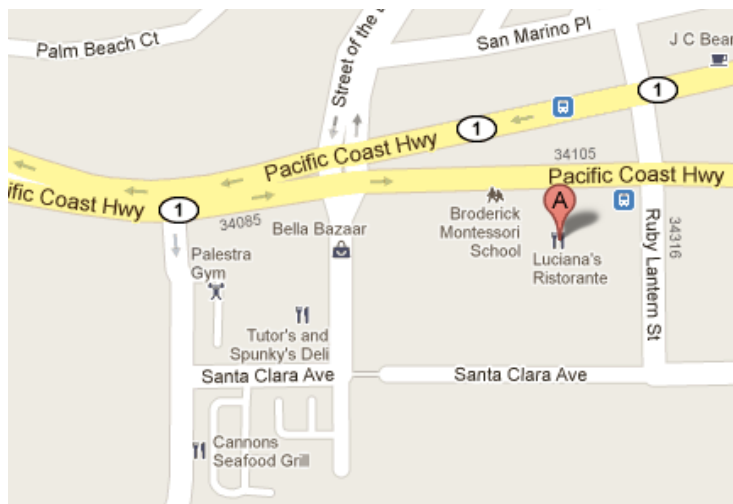
February 25, 2012

Contact Bill Thornton if you are interested in renting a cottage with your fellow divers.
H2Othornton@yahoo.com

Holiday Dinner Party



Again, this year, we'll be celebrating at Luciana's Ristorante in Dana Point. The dinner will be Wednesday, December 21st starting at 6 PM. As usual, you will have some excellent choices for dinner - and "yes" there will be goodies to win and dozens will be given away. Cost will remain at last year's prices of \$38 per person.



As you can see from the photos the interior of Luciana's Ristorante in Dana Point is well suited to a great holiday party for our club members. The food was just terrific. Hope to see a "ton of people" at the party.

From Bullets to Bubbles...

A Documentary Short



In view of Veterans Day coming up

next week, it seemed fitting to share a little bit about a recent documentary that I Produced called, "From Bullets to Bubbles..."

"From Bullets to Bubbles..." follows the emotional and psychological rebirth of a small group of disabled, war damaged, vets who have lost their way due to various body, brain and emotional injuries as they find new life through learning to scuba dive.

The donning of scuba gear, and the jump into the ocean is reminiscent of the experiences of donning gear for battle, and parachuting out of a helicopter--both internal signals to begin the steel sharp focus for military precision and survival.

Although some of the injuries are not visible to the onlooker, the internal damage from war has been severe. Some men are left with immobilizing depression, and anxiety. They are always on guard looking over their shoulder for the next attack--adrenaline junkies oddly seeking some kind of solace through thrill seeking. The underwater world offers this to them--an edgy, extreme sport that requires precision and mastery, and yet a peace that comes from being supported in a liquid world and surrounded by other-worldly, captivating creatures of the sea.

Kelly, a more seasoned diver, narrates much of the story. She knows what these men are going through and what they don't yet know - that diving will continue to restore their souls and their lives the more they do it. As a Psychiatrist, I've often said to patients who are suffering emotional trauma to not just "do something," but to "stand there"- in other words, think and talk first, then "do." For these men, "talk therapy" is likely not the cure, but "do therapy" through scuba diving is! What a novel way to heal ones brain and comfort one's

Produced & Directed by
Debra A. Hill, M.D.



soul, through immersion into the weightless world of the greatest mother of all, mother ocean--all the while, experiencing the camaraderie of infantry life through diving with your buddy.

Producer/Director,

Debra A. Hill, M.D. is a Practicing Psychiatrist & Psychoanalyst in Laguna Hills, CA who also has a Production Company, Oceanvideo Productions: DIVE IN TV. Her Production Company is dedicated to projects concerning the underwater world--often with a parallel theme of discovery of one's deeper self by going beneath the surface of the sea. Dr. Hill says, "The Ocean is so much more than a sunset, there is a whole complex world of life going on beneath the surface of the sea--just like the sea of the unconscious mind!"

To view the documentary [Click Here.](#)

A few scenes from the movie...the transition from military life to Scuba Diving for disabled vets is the subject of Dr. Deb's award winning documentary.



Dr. Debbie accepting the CBI Award...her project was selected as the Best TV Documentary/ Public interest at the National Student Production Awards Sponsored by the College Broadcasters, Inc.--often referred to as the CBI Award.

This Month's Raffle...

Here's our prizes for this month's raffle...

- Underwater Kinetics Duel LED Dive Lights - C4 eLED 275 Lumens + Q40 eLED Mini 75 lumens\$149
- Akona Mesh Backpack Dive Bag (favorite of El Presidente!)\$50
- Pelikan 1050 Microcase Dry Case with Clear Cover\$20
- The Palm Turkey Roaster Set with two racks and baster\$40
- Quick Release Lanyard\$21
- Safety Whistle.....\$ 8
- Tank Knocker\$ 9
- Kathy Miller's Basket Thanksgiving BasketPriceless

Paul Miller always makes our raffle a special event!



Our next **Girls Gone Diving** will be on the:
Riviera Dive Boat
Sunday, November 6th
Departing From Dana Point Harbor at 7 am and
Returning around 12:30 pm.

We will get a 15% discount for this two tank dive, which will be just **\$85.00!**

Let me know [Click Here](#) if you'd like to *reserve your spot now on* the boat, and I will have Beach Cities Scuba contact you to confirm your reservation.

Please include a phone number in your email response.

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**Join us
Wed, Nov.
9th at
Fudd's**